

Dreams. Recent

on a bus trip to look at coastline
Windows screens of moving images
Not a bus

on sensory deprived tank
managed to break out
Broke out other from tanks

(Obama & Michele

then on bus + talking to them
(normally wouldn't)

My subconscious thought I ~~was~~ could carry on
conversation in people like that

F: weird

? Tank

Wanted to get out; got out
Didn't know that

Puzzled

Dark

Didn't sign up for the bus trip

Wanted to find out where were + why.

I couldn't remember crossing so assumed the
others would be the same

(suffer from claustrophobia)

No real trepidation

I do have a thing

When I was young, came to AUS ESL → didn't speak well
as older, better to be seen as shy than boring

Nice to know!

↳ feel good

My subconscious thinks I'm capable.

always been shy + chosen work (engineer) to be
away from people.

Friends v. talkative
→ I can be quiet

(Confidence, want of)
(Sour sweet)
~~Later~~ morning >>
<< afternoons

2 yr ago.
(Daughter in primary 5th grade)
Her 6th grade farewell

I had motorbike license + we arrived - by the
she had helmet hair - she thought she looked good;
don't burst that.
Everyone else in family turned up like facial hair -
women included.

Why?
F: proud of self for getting bike license.
Puzzlement that family would do this
F: good; noticed; a big good bike
R: surprise. drew the eye
S: air in face; speed; fun freedom.

Work address.
I rooked up to work - day we were re. develop-3
Electrician was electrocuted
Everyone stepping over him
No one cared; stepping over him
R: a bit odd but kept
F: weirdness.

(I don't get overly excited or upset in dreams)
A fortnight later when suddenly anxious as haven't
studied for an exam

→ same as in life. Only remember 3x
When angry. Even if looking forward, try not to
get too excited so I don't get disappointed.

Anger

First 1/2 hr + she tried to strangle me.
I'd organised staying in a friend

Sep. Oct.

I was in bed reading. No feeling I wanted to leave.

I didn't back down. She tried crying. I didn't

Cave in.

She started screaming / screaming saying she's a little
mother
→ she strangled me.

R: left home.

Shaking

F: Anger for trying to manipulate me.

Even if I don't

Consciously don't think I can do things but
subconsciously I can.

Uncoordinated - if think about it.

Compare self to how I used to be - fit, energetic.

? lightbulbs or help out.

- I do realise I tend to put myself down.
I try not to

Child

horse

I was a duck in a stall I had to get out
of (didn't want to get trod on)

oh I can fly. Flapping wings

F: lucky I didn't get stuck in
flight: a way to get out of a bad situation

I flapped high enough to get out.

My goal was in sight.

Befuddlement

Why am I here?

odd situations

Child - ⊕ bikes
Speed

? exp. enclosed

Tank: all dark

Stall: can see a way out.

Jowla Caves - av. closed spaces.

fear of heights but went hang gliding