

3.2.24 Khanda.

WISE 2 - SWANS 1

Aggressive to the other

Turning head away in non-confrontational appearance.

Not aggressive to ducks. as ~~as need~~ don't want any conflict
Don't know why it's being aggressive.

In spring, he must have had a lot of testosterone & wouldn't let her feed. Now testosterone gone, he follows her lead.

He's being aggressive; getting ready to fight intruders & protect. She doesn't want trouble; willing to be passive & go to the flax; av. conflict

Vigilantly defensive about court yard

Hormonally driven; testosterone-driven to be aggressive like that. Not friendly or she wouldn't be turning her head away. When he settles, they can mate & reproduce.

Measure why ducks are there; maybe there's food!

He's telling her to back away; this is my territory

? Exp. her

Has to be careful 2° in aggression; av. conflict. Knows her place in hierarchy of duo.

F: bonded for life; has to accept the behaviour as temporary & her protector. Because of powerful bond, I'd just go to it. If she had a strong physical response might leave

Chemical stimulates I bond that she'd stay even if pushed.

R: stay close but remain non-threatening & I'd keep safe & soon everything will be ok.

Understand the close bonds of survival.

Her survival depends on making the right move &

Driven by instincts; Charen this one ∴ understands her place.

If it were me, I'd leave; I don't have the ability to bond. To be so bonded & dependant I can ride out abuse, fear & anger. These things taught me to go within. Still live at survival level as an owl & can't form healthy safe relationships. Unable to deal w/ mental abuse.

HG: closing; staying small & non-threatening
no eye contact to appear " " "
staying small & hidden.
He's bigger & she's smaller
she's more powerful

Wings closing over; creates a safe space; knows she won't
draw attⁿ & stay safe; a closed world for a while
where she can feel safe

Long feathers, soft protective incubating clean & strong for
flight when fleeing from threat; enough resources to
escape to a safe place.

imago: closed unit: self-contained

off

HG palms facing out
exposure to show submission & appeasement from
threat. If doesn't work, flight

If that doesn't work, collapse to ground
spread & completely frozen - unable to move
resigned to fate of no further survival

HG palms facing down. Flapping

Freedom to choose

Complete autonomy independence. Safe

No exposure upward; face down.

vulnerable side to the ground.

(Reinforces own patterns)

SWANS 2.

A nice one
Communication, bonding safe & loving & intimacy
Safety & comfort.
There whole world in each other; life of mating &
reproducing until one dies.

She feels v. safe.

Exp. She knows she's secure in bond in her mate

Likes to reinforce it through their intimacy.

To reinforce bond & life partner

F: safe; secure

S: relaxed, calm

Knows she has to depend on him for future so important
to maintain the secure bond

He's driven by instinct to reproduce & keep her safe to
raise the babies.

Come towards shore.

As about communicating

Ducks are opportunist.

H.G. graceful ballet; hands waving in gentle
motion; & synchronicity

Know all the steps inst. instinctively

Compatible in movements to

Harmony & synchronicity
(Swans)

Phase in nature where things are in balance for
a time. A reflection of nature. Disruptive & volatile
& then harmonious & regulated, safe & in balance
Joy elation safety growth.

Opp:-

H.G. Fingers pointing straight; facing each other
attacking

withdrawing + hiding + finding safety from threatening elements: being

One pursuing - One retreating

aggressor + a victim that's regressing
Victims had alot of that; had to learn to be their own rescuer.

Si tension; unsafe; unnecessary

Survive better hiding; won't survive if exposed to anger or aggression or confrontation

1. crumble; become weak; lose power

if take self off + hide; renew myself

Lose self in panic of threat

Can build safety in the isolation or where 1- hiding
Solo + alone:

Outside threatening environment not conducive to growth + survival

Survive if can

Small inconspicuous, hidden contracted isolated
away from energies exposure as feel vibrational
frequencies easily.

? Like

- as small as possible

embryonic; regressive earlier state;

fearful frightened vulnerable

to be as small + hidden as possible; to DISAPPEAR
so not a target

Like a spec of sand.... something powerful but small
a gemstone; solid + carrying a lot of potential
energy within it. Pearl.

Hidden inside a v. protective shell

v. Safe - all the lovely soft warmth around the
pearl. a cushioning.

if incidents of aggression have cultivated a
strength over time to cope.
v. small + safe warm space where pearl is born

but comes about through pain & irritation.

Got tension relieved when talking about Swan & synchronicity

2nd picture - no conflict, relaxed.