

14.2.25

Rebecca.

Kids back to school.

Oldest - going to do electric trade.

His Fo will mentor him

Worry about his safety.

Fear - he'll kill himself.

Don't want him to fail because of my fears.

Head-ans. in kids

Growing up, I have to let them

Thought I was growing as a m. & letting them become independent.

Daughter - 12.

Out to daughter & a man staring at them → I lost it.
(Sick). Asked him what was he looking at? That she's 12.

He confronted me.

Daughter grabbed me.

I was so overheated.

Mean

Loud & defensive towards him.

F: Can't stop being a protective m.

? is that normal.

Still on probation. Could I have been in more trouble?

Dwell that I am what I do wrong, not right.

My girls aren't safe in me.

Ans. my son will be beat up;

girls

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or sexually assaulted.

Both scenarios touched in there - in front of my eyes.

Cements my anxieties & over protectionism.

- see them as victims

About guiding them, as we've lived longer

D/L projecting own

I had the five; the Spanish Bull
99% of time I was confronting them.
M^r taught me to defend myself.

I could never do that in my kids. I'm their protector.
That's where I went wrong. Don't know how to do that.
I create a scenario

Guilt - day my daughter got harassed, I didn't pick
up her call as I was at work. I couldn't have
been there earlier.

Feel at times I'm not alone - i.e. 2 women like me.