

27/09/2023

Dr Mona Kaur
Prime Health Family Medical Centre
21-23 Palm Beach Avenue, Palm Beach QLD 4221

RE: Susan Caroline Bamford (DOB: 06/08/1970)

Dear Dr Kaur,

Thank you for your care of Susan Caroline Bamford, who has been consulting with me for assistance with fatigue, waking energy, mental clarity and sleep hygiene/maintenance.

Combined with her symptoms, prior history of thyroid fluctuation and MS, I wonder if you may consider a full pathology investigation including what you see relevant of the following:

FBC, ELFTs, Lipid profiles, FE studies, OH(25)D, Fasting glucose, fasting insulin, AM cortisol, , Active B12, Serum Folate, PlasmaZn, Serum Cu, ESR + CRP (for correction interpretation of mineral assays).

It would also be great to see a full thyroid panel (TSH, T4, T3, Reverse T3 and thyroid antibodies) given that her most recent TSH results were significantly different across a 12-month period.

It is my aim to continue to assist Caroline with nutrition support and with the use of relevant supplementation. If you feel so inclined, I would appreciate if you could allow QML to share the results with me (Client Code – SBM7Y).

I specialise in the care of women and their families in relation to women's health, vaginal health and mental health. I am committed to working in collaboration with my patients' other health care providers. Thank you for your help with these matters.

I greatly appreciate your diagnostic insight, and I look forward to working with you in the future for the benefit of Caroline's health outcomes.

Kindest regards,

Maddi Brown

Clinical Naturopath
(BHSc)

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