

18/09/2023

Dr Rose Kurian  
Currumbin Medical Centre

**RE: Vanessa Perry (DOB: 04/03/1987)**

Dear Dr Kurian,

Thank you for your care of Vanessa Perry, who has been consulting with me for assistance with her vaginal health, dyspareunia and plant-based nutrition. Vanessa presented to clinic with concerns around her ability to conceive. We have recently completed a vaginal microbiome map for Vanessa which has ruled out STDs, bacterial vaginosis, and fungal infection.

Combined with her symptoms, prior history of PCOS, a plant-based diet and her eagerness to conceive in the near future, I wonder if you may consider a full pathology investigation including what you see relevant of the following:

FBC, ELFTs, Lipid profiles, FE studies, OH(25)D, Fasting glucose, fasting insulin, AM cortisol, Homocysteine, TSH, Active B12, Serum Folate, PlasmaZn, Serum Cu, ESR + CRP (for correction interpretation of mineral assays). It would also be great to see a Day 2-21 Hormone Profile and AMH levels to assess her current fertility status.

It is my aim to continue to assist Vanessa with nutrition support and with the use of probiotic and prebiotic supplementation. If you feel so inclined, I would appreciate if you could allow QML to share the results with me (Client Code – SBM7Y).

I specialise in the care of women and their families in relation to women's health, vaginal health and mental health. I am committed to working in collaboration with my patients' other health care providers. Thank you for your help with these matters.

I greatly appreciate your diagnostic insight, and I look forward to working with you in the future for the benefit of Vanessa's health outcomes.

Kindest regards,

Maddi Brown

Clinical Naturopath (BHSc)

NHAA registration: 158604



THE WELL COLLECTIVE  
2/27 Minjungbal Drive  
Tweed Heads South  
NSW, 2486

0473 938 789

hello@thewellcollective.com.au