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Dear Dr Altabary,

Robyn Dawson (DOB 28/10/1954) presented to me on 16/10/23 for assistance with her diet due to currently occurring fatigue, gastrointestinal symptoms, and blood sugar management.

Her ongoing gastrointestinal symptoms include bloating, persistent reflux, and nausea, and I feel it would be worthwhile getting some stool testing done to check if there are any bacteria, parasites or viruses contributing to symptoms (including H.pylori). Many of her symptoms are consistent with SIBO (small intestinal bacterial overgrowth) which can be exacerbated by PPI's.

The initial symptoms she experienced 3 months ago include fever, headache, and aches in the joints, and I feel it is worth ruling out Ross River virus with pathology testing due to her ongoing extreme fatigue and nausea.

I have provided her with dietary recommendations to help reduce inflammation in the body, and remove any potential triggers to her symptoms, while we wait for further testing to inform the treatment plan.

I appreciate your considerations and if you would like to discuss further, please do not hesitate in contacting me on 0417 110 672.

Yours sincerely

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