

Strengths and Difficulties Questionnaire



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Self-report SDQ, completed 13th August 2025

Score for overall stress	25	(20 - 40 is VERY HIGH)
Score for emotional distress	9	(7 - 10 is VERY HIGH)
Score for behavioural difficulties	2	(0 - 3 is close to average)
Score for hyperactivity and concentration difficulties	6	(6 is slightly raised)
Score for difficulties getting along with other children	8	(5 - 10 is VERY HIGH)
Score for kind and helpful behaviour	9	(7 - 10 is close to average)

Caution

If you think this report has missed the point, whether by exaggerating or underestimating the difficulties, you may be right. A brief questionnaire obviously isn't the same as an individual assessment by an expert. Perhaps both are needed.