

# Strengths and Difficulties Questionnaire

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**youthinmind**

## Self-report SDQ, completed 8th October 2025

Score for overall stress	4	(0 - 14 is close to average)
Score for emotional distress	0	(0 - 4 is close to average)
Score for behavioural difficulties	0	(0 - 3 is close to average)
Score for hyperactivity and concentration difficulties	1	(0 - 5 is close to average)
Score for difficulties getting along with other children	3	<b>(3 is slightly raised)</b>
Score for kind and helpful behaviour	9	(7 - 10 is close to average)
Score for the impact of any difficulties on the child's life	0	(0 is close to average)

How have problems changed since the intervention/clinic visits? Much better

Have the intervention/clinic visits been helpful in other ways? A great deal

## Diagnostic predictions

Any disorder	Low risk
Emotional disorder (anxiety, depression etc.)	Low risk
Behavioural disorder	Low risk
Hyperactivity or concentration disorder	Low risk

## Caution

If you think this report has missed the point, whether by exaggerating or underestimating the difficulties, you may be right. A brief questionnaire obviously isn't the same as an individual assessment by an expert. Perhaps both are needed.