

10.3.25

Sarah Davy

Dental -

sat 1 week ago

Dentures stuck; gum infection; collapsed at home

→ ED → IV antibiotic - kidney infection; ? sepsis

Dr ripped them out - very painful.

Financial stressor.

No thyroid

M^o alive

allergic penicillin

Felt like whole month

→ traumatised by that

? PTSD - Dr Kirk

Thought I had it year ago

29.01.25 - lost my lovely job. I ran the centre
(7% no experience)

Unfair dismissal

- put in office + made me feel I'd

I made accusations about my boss.

Working long hours; not eating or sleeping.

Children at home.

Can't sleep - flashbacks.

I got framed for incident.

Pre. school

- accused for putting jumper on Zyo instead of shirt.
told staff who asked what to do.

Child since 3mos old. His parents angry &
cultural differences.

Mom now almost 2.

Directed to put kids in sleeping bags for SIDS.

We watched them all the time + charted.

M + F didn't want them in sleeping bag.

Manager got special bag without sleeves.

Hot day; 10 babies in cots. Fan ineffective.

Incident - I put child in a winter bag w/out
sleeves. Mom came to pick him up. I let her in
to see room & me. Child woke up. She said
why's he in a s-bag. I told her why.

Their clothes were wet in nappy room.

Parents not happy. that I put him in other clothes.
Parents complained. I was accused of many wrongs.

CCTV -

said I didn't give child water ^{all day} - not true.
that 3yr cup was empty.

My usual colleague away; other staff E-SL.

I was covering multiple roles.

working O/T.

Bought things for centre out of love for kids.

New managers of 2 yrs - centre gone downhill.

Terminated me; was made to feel I'd killed a child.
Wasn't given access to the paperwork.

Disfranchised. Crying non-stop.

Can't go in to baby centre

Friend had baby; ~~can't~~ couldn't go in.

Can't tolerate kids

How do I get over it?

Only known childcare.

separation when kids little.

Living is a nightmare

Great support team - friends
Want to challenge employers about unfair dismissal

whole body in shock; some froze

→ told to take leave

Couldn't say goodbye to staff + kids

Made me go back to work in dismissal hanging on
official termination

3 yrs in that role.

Never been out of work

(-reaking out

fo died 13 yr ago. suddenly. were close.

Belen in house 15 yrs.

When fo their fo - moved all the time - didn't grieve.
hential.

Money running out - still on mat. leave.

Grieving for what I'd lost.

Normally tough

~~Exercises~~

— my 2. — { Paris - 20 - did 4R12 - not got work
Aiden - 18 - bashed in high school
not working

D/V