

26.6.24

Sarah-Jane Loftus.

Seeing U

STOG V

PTSD.

DR VIRK

M^o + F^o split when I was 8.

my U^o made me do things to his + siblings

(2 x D/V relations - (not kids' fathers.)

never told M^o

Can't read or write.

v. angry person

was on med^s - took self off

DSP

Learning difficulties - IQ

Volunteer on Friday + Thursday - Food deliveries

3 daughters

5 kids

youngest now in D/V relatⁿ brought up a lot.

live in Doh - 8 yrs

live alone

Always

g. son - just met his biological f^o. 2/12 later, he

started backing her + William (g. son) → court etc.

was homeless + Oz Harriet helped me. Now I help them
plus 5 yrs.

When had kids - lived in refuges.

1st D/V relatⁿ - he was on ICE. 2nd partner AOD.

- I don't use AOD. Tobacco

ETOH - once in 6/12.

When stressed don't eat. Then binge on junk.

I'm angry

Can't deal w/ AOD now.

I have tried to burn me alive

v. protective of children + my 11°

Daughter's legal issues. Don't know how to help her
Lonely at night but cautious w/ men.

3 girls

27 - Jannia - v. close.

32 - Stephanie

33 - Kirsten.

16. tests - said Lt + Rt brain don't communicate
Later, can learn but comes too slow.

Anger → snap + emotional; abuse people.

Collect houseplants → too many.

When found out 1st husband cheated - me →
smashed his ~~for~~ van up.

Scream at self; talk to myself.

I can feel

When anxiety → don't leave house; (+) in own
Funny feeling in stomach comfort zone.

Vitiligo goes red.

Think everyone judges me

Homeless 20 y/v in last partner

17b. people helped me get refuge in city
Slept on grandstand + train stations

Trying to get a 2 bed. place.

Youngest was living in me.

v. street smart

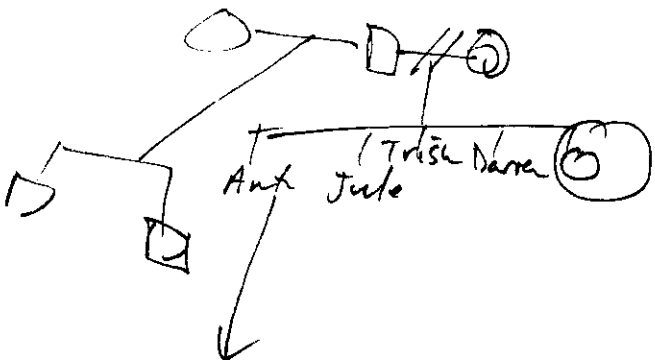
Homeless - a few months.

an. lot of people.

socially awkward.

Issues 72 f° (in Melbourne) tells a 11- fat + ugly → Complexes.

Get angry quickly; easily triggered
Cry easily → release!



Anthony — took his life 20 yrs ago (I was 30)

Yahni

1/2 5/4 M⁰ + f⁰ all time

Left home at 17 yrs.

Abandonment was in fact as he left us. Our kids are never his focus.

Sleep apnea.

Aboriginal - MCM - stolen generation - Darwin

On anti-DS for 20yrs since brother died.

Never been in MH unit.

Got close to a breakdown.

Born in Perumattla Hospital

Utiligo - had it for 10 yrs. - rare for Ab. people.

Gets itchy under arm pits

Scratch when stressed.

Need to have heart surgery - Valves thinning
but need to lose wt

Want me an Olympic

no diabetes.

Don't arrive.

1st 4 - upset me - I attract bad men 2°
what happened to me as a child.

told me to f off

Dr. Virik wants me to see a 4

I can't contact people I worry about them.

Kwiter + Steph - some F° (controlling)
1st child -

Met Jan - married after 6/12. We split + he
did things to me

Met Darren - bad boy

Want to help people.

I know I deserve a nice man.

B° killed himself - my card - gas.
he had furies

They cancelled my license as couldn't pay fine.

↓
stopped driving

anniversary 1st July + buried on my b. day.

8.30. - book