

7.6.24

Sandra Kelly.

age

Beautiful event I organised. I didn't want to leave
But not part

I felt - this is the end.

Not sure if I'm grieving

A reel down; felt lost; grieved; awful.

I feel I'm out of it. It's ended

I don't feel it.

What do I do now?

I'd like to learn Japanese

Meditate.

Why don't I do it for myself?

Handed over to Pete - & now want to put him
behind me; to let go

Feel he used me. Manipulated

⊕ left alone.

2 friends . alone in our own spaces.

Confusion in head. Scrambled

⊕ shut it; to be in empty space.

I felt really deep anger & I explode like a bubble

Then felt deep pain under that.

a lot of strenuousness in what I want to do.

Don't want to be involved in a Labour Campaign

Suicidal thoughts & found knife in hand.

DREAM

In London & ended up at D. Bowie's house. Had been
loves & I was leaving to go home. Lots of people there.
Talking to him in bed. & he brought me breakfast
to airport. He said, let's go to Mexico

Keep meeting people + talking.

He was attentive, affectionate, nice.

Short trip - under ground. Saw nothing

Everyone really friendly

On train to Mexico + worried I'd miss my flight.

Maybe he'll play for another flight.

Going past lovely pond.

A man who was really caring.. Just nice.

F: ~~easy~~ ; friendly ; happy ; natural ;
worry about flight home.

Writing letter of complaint to local govt.

Like diversions in roads he travelled.

Natural to be treated like that. As it should be.

David Bowie - creative ; naughty ; romantic ; handsome
he's dead.

Love his song - heroes

⊕ creative people.

When someone I meet has an accent - I'm interested
in their story. Their inquisitive was just like me.

Travel is me - take a diversion

Thinking about missing planes. Don't like missing this

Plane - going somewhere; going back home

-inconvenience; What'll I do now? being stranded.

Once on bus, I can relax; I'm on the way.

I felt at home + relaxed where I was + catching
trains + meeting people.

Being around nice people

Trees - v important to me. Cutting my tree

→ wanted to leave; to go.

how can I get out of here? Where can I go?

⑦ go to Melbourne

Where is home? Never had that.

I thought this was the place; I had something to do.
Flight - ?

Is DB my guide? Maybe don't have to worry; there
will be other avenues & adventures & will be ok
Don't know what's next.

~~There~~ coming down for me - Japan was a sign to
leave.

It's time to go;

apartment avail. in Melbourne.

Am I going to stay? Can't bear to see Hawkebury
destroyed. Unbearable.

Am I going to go? No money.

? Melbourne - I'd be alone

I'm stuck

Got a flight but can't get to it & packing

But this person showing me adventures. Which I love
- still adventures to be had.

Death wishes - daily for a while - another way of leaving
but can't get out of contract to be here.

What am I meant to do?

Not feeling stuck.

When you're always a way out.

In dream, I was stuck as in nice person & felt
cared for.

1 could let the contract just be
But have the put for another adventure
I am an adventurer.

Enjoy the diversity of life

Transit 1 in period

I will let it evolve; what happens happens.

(+) escape into Netflix but now out of that.

I feel v. different. I feel more grown up; less
little girl.

In past something grabs me & I go along w. it.

Weighing up my

Sometimes you're led. Sometimes you have a guide.