

28.10.24

Samcha

11 yrs.

< night - cough + choke; can't breathe + gasp for air
scared / can't breathe → panic

+ appetite

⊕ throat - sips

Nose blocked

< ~~cold~~ air evening

Allergis - ? cats

Big animal lover

- sneezing from pollen.

itchy nose + eyes

itchy eyes + everywhere - blocked nose.

< spring.

glazy eyes.

S: throat blocked;

feel like choke

barking cough; hnts

expect. white.

glazy eyes.

Constitutional

Big headaches - sore tumours

crown; S:

⊕ cry in pain

S: as if brick on head + will fall on me

S: pressing down as if by a weight.

sleep.

I am wake after dream. till 3am.

Dream

Whatever I'm thinking about.

Horses; what they're doing

Sharks

Fear

movie - scary movies

VV scared person.

8yo couldn't go to bathroom on own.

Scary pictures - girl w. black hair + big eyes; creepy smile;

Used to think she'd come & take my family.

Storms.

Food

⊕ Chicken noodle soup.

⊕ Green powder.

⊕ Reddish

Cucumbers

Spinach.

Infrequent ic bowels

Concentration - distracted + forget what asked

Anxiety

- big crowds; ⊕ Bude

or. restaurants

Social - makes friend w. everyone.