

9.8.24

Tanya Moff.

Not sleeping. → severe sleep cycle

Reminds me of younger when

When younger - too scared to sleep until daylight

But not scared.

Worried they were out there going to get me. (Ken + Brett)

→ daylight when everyone else awake to relax + sleep.

→ Age 15-16

17 - not as bad

18 - met Robbie + got better

Ken + Brett - offenders when younger.

A lot of threats to me then. They'd send or leave on a phone

aimed towards me as I'd said something.

→ got really nasty; did stuff to my family or me; make threats
felt to blame for why family had to cop stuff.

He had guns + threatened us before in guns

I refused to go anywhere or feel safe.

→ stayed home. If left house

shut off; didn't do anything.

Tried sleeping tablets but felt like my bones were aching

from the inside. (? *Veridona Zopiclone* 7.5mg. - worked well in
beginning but body got used to it)

Age 15

Friend's step + had mate who stayed there.

He'd hang around us girls + trying to be younger + cool.

At 1st thought him stupid so we took the (michay)

They made it jovial but treated us like adults → ETOH + THC

He'd drive us to places.

Make little remarks

Felt stupid as I didn't see that. I didn't like him. I felt

he liked me so I started to like him. treated me like his gf.

but I wasn't. He'd make moves, but I'd feel 'What the hell'

then he'd tell me not to tell anyone; that it was my fault.

Became regular; he'd sneak in to our room. He was always there.
Found out later he tried stuff in other girls. Don't know why

we didn't talk to each other.

I then felt responsible

felt like a slut.

Guilt + feelings towards him + how made me feel like that.

He'd threaten to tell my family, as if all my fault.
Controlling - not allowed to talk to guys; he'd cause fights;
In end, felt he was my blf as he'd call me his partner.
Coercive + brain washing. Made me feel stupid.
F: I could have stopped it but didn't
Shameful. I couldn't see it.
Lost all my friends;

Friend went against me in court - said I'd ^{deserved} asked for it; I
was a slut. He got acquitted.

Why? They did stuff to her.
Was meant to be my blft friend.

Her parents went to court too.

Her M^o slept w the detective.

Her ex - Ken, they got back together went against me in
court.

I didn't get to speak my side; didn't give evidence
He broke AVOs all time but never got in trouble.
He tried to get his glf to beat me; tried to run me
off road; abusive.

Did stuff to my 5^o

Her step f^o was sleeping w her + her M^o.

He had 14 other victims but I was only one who pursued
it in court.

Intimidated me to prevent me going ahead

Went to Supreme Court

F: no one believed me; treated like a dirty little slut
deserved it.

Had his older bro + ex. wife on my side.

as if he's protected.

Heard stories of their predatory history

One night I was in concis. + friend. He kept urging me to
meet him. I said no but he kept pressing me.

He'd call me his glf, + I felt better; go along w him.

Didn't want anyone to know the truth.

That night, Mr Dad found out - they saw my phone + it came
out. Brett out front revving car.

I freaked out.

Parents rang police; interview; tests done
then q. friends + made me look like a slut.

I lost all my friends

→ stayed at home to myself

→ depression; suicidal

not sleeping

threats on phone

F^o business; sibling threatened.

For a few years. AVOS ++

5 yrs through court.

My phone was evidence - msg from hi (mate)

→ he got 3 yrs. but out after 15 mos.

They tried to do things to me & addo - front of others + my
bro.

My bro - assaulted by priest at 8 yrs. Just came out 1st yr.

Then witness to that. He blames himself.

I feel my fault as older + should have protected him.

But he was eldest boy + felt he should have " me.

He defended me at school.

He had issues → special school

I dropped out - YLW.

Detectives didn't want me at school as thought I'd be
accessible to them.

→ signed myself out; no one there to protect me; everyone
knew stuff.

Met hi at 13 → grooming.

Had sex by 15 w hi

Was invited to friends Mo wedding to Ken → met hi mate

I was 13. He insisted I was 18. but he knew. He'd

been there at b. days at 13 + 14.

F^o was v. strict about sleep outs

They knew how to do it; had done it before.

He had 14 other charges.

When parents found out
Sick but wanted to protect him.

M^o said he made me feel he loved me.

Wish I could forget that but I can't (losing virginity)

Makes me feel bad about myself.