

26-4-24.

Lanya Mott

Moved house.

Broke up w/ Robbie ^{Wed.} as he had another girl / true.
He still had things in the house

SIL. left all her mess downstairs

Had a few arguments w/ Robbie. All his lies. Can't take it anymore. Can't trust anything he says.

Told him I'm not going to take it anymore.

He treats me like an idiot & he treats me like s*x
& I've done nothing but support him.

He wants me to drop off his belongings, but threatening me at same time.

& I'm paying for everything.

He says I'll get charged for state of house.

Police came & took photos.

I got all my stuff out but he & bro/SIL ^{didn't} do ^{nothing}.

Unfair I'll get blamed for damages! didn't do.

? Break up.

It hurt as didn't expect it to be done like that.

If I mattered as a priority, he wouldn't have done that (affair). Confusing; messes in my head.

Told me his ex has breast Ca.

Hurts. & I have to get used to it

Texting me long messages - loves me then nasty stuff.

I said I'm done; I need a break & am not going to do it anymore; that I'm not going to be there

Going out in my 5th tonight

Felt not respected or valued by him.

I'm trying to move forward in my life

New house - got to get used to it
in bush; kangaroos in yard.

So quiet
Haven't unpacked. Doing little bits at a time
Can't sleep.

Been on medⁿ since 15
Sleeping tabs but not taking them as don't work.

Don't want to take medⁿ
Took medical cannabis, but can't afford it
but helped, but got tolerant to it.

Oldest niece (very close to (his family) pregnant
she said she's proud of me to leave.

Feel betrayed + lied to for 20 yrs.

Relief but hurt + processing the end of it
20 yrs of life. He's all I've known.

D/C grief + decision