

*"There are trapped emotions in Valentino that are causing or contributing to his feelings of being ungrounded, anxious, sad, and emotional, that are ready to be released."*

### 1. **Taken for Granted**

Feels treated with careless indifference; not given thanks or for something accomplished, similar to ignored. Taken advantage of.

### 2. **Panic**

A sudden, overwhelming fear that produces hysterical behaviour, unreasonably fearful thoughts or physical symptoms such as trembling and hyperventilation; a strong feeling of impending doom.

Absorbed from Father at birth.

### 3. **Vulnerability**

Feeling susceptible to harm, either emotional or physical; unsafe; unstable.

Inherited from Father, from his Father, from 12 Great-grandfather.

### 4. **Betrayal**

To feel *betrayed* is to have your trust broken, to be deserted or hurt by a trusted one.

### 5. **Lost**

Unable to see the correct or acceptable course; having no direction.

*Emotionally lost* refers to a feeling of being unable to see the right decision or direction, being unable to find emotional stability.

Inherited from Father, from his Mother, from 7x Great-grandfather.

### 6. **Shock**

A sudden or violent disturbance of the emotions or sensibilities; extreme surprise; to feel traumatised or stunned.

Inherited from Mother, from her Mother, from 13x Great-grandmother.

Body Code Session 1

Testicles showed misalignment, relating to toxic venom of ants – both eliminated.

Indicated a need for creative art or pottery, with an associated imbalance with sleep – both balanced.

Saboteur energy from age 5 - Saboteur energy is like an invisible energetic influence that causes someone to work against their own best interests — emotionally, mentally, or physically. It's an energetic disturbance that can be released just like trapped emotions, helping restore clarity and peace. This has been eliminated.