



NATUROPATHIC PRESCRIPTION

Patient name: William Fearnley

DOB: 01/05/2016

Practitioner: Amy Phillips

PRESCRIPTION/DOSAGE

**This prescription is valid for 6 months from date of creation. No repeats are to be dispensed after 6 months without further consultation. **

Product	Morning	After school	Night	Rationale
STANDARD PROTOCOL				
▪ Metagenics ENT Immune Care for kids	1 scoop in water		1 scoop in water (stop this dose when his symptoms have reduced)	Immune herbs & nutrients to support immune health
▪ Immune Herbal Tonic REPLACE FOR NOW WITH PARASITE TONIC	2.5mls in juice or water	2.5mls in juice or water	2.5mls in juice or water (increase to 5mls if lunch dose is not consumed)	Herbal immune support to downregulate/modulate immune response
3 MONTH PARASITE PROTOCOL				
▪ STEP 1: Parasite Herbal Tonic	7am - 3mls in water or juice	4pm - 3 mls in water of juice additional dose for full moon		Herbs to eliminate parasite (Blastocystis & Dientamoeba) & Klebsiella overgrowths
▪ STEP 2: Love you Gut Diatomaceous earth			6pm - 1 tsp in water or juice with dinner	Helps to bind & eliminate (detoxify) waste products through the gut
▪ STEP 3: SpectrumCeuticals Microbiome Prebiotic			9pm - 1 x scoop before bed	Prebiotic fibre to help feed probiotics
▪ STEP 3: Orthoplex AllerG Biotic SWAP WITH				Probiotic therapy to help reinoculated the gut with all strains that are low in diversity from stool analysis

■ Designs for Health ProBioMed 50			9 pm - 1/2 x capsule before bed	
FULL MOON PROTOCOL Add additional afternoon dose of Parasite Herbal tonic for 2 days before & after full moon - 27 th Nov, 27 th Dec & 26 th Jan.				
Herb/nutrient/drug interactions & contraindications are always considered prior to prescription. It is incredibly important that you notify your practitioner of any changes to your current medication to ensure the prescription is still suitable & safe for you to continue. This prescription is to be consumed by the patient listed above & not to be shared with any friends or family. Please also share your supplementation regime with any other health practitioners or GP's you may be consulting. If you experience any unusual side effects, stop your supplements immediately & email your practitioner (details below).				

Herbal Formulas:

IMMUNE TONIC

SIZE 200mls

Herbs: Lavender 10, Chamomile 20, Albizia 40, Eyebright 30, Echinacea 40, Nettle leaf 30, Baical Skullcap 40

Dose: 2.5 mls three times daily drop to twice daily when symptoms improve.

PARASITE TONIC

Cordyceps 20, Nigella 30, Black Walnut 40, Barberry 40, Garlic 20, globe artichoke, 10, ginger 10, chamomile 10

Dose: 3mls x up to 2 times day with water & juice

PURCHASING YOUR PRODUCTS

Herbal Tonics

If your prescription contains a herbal tonic, your prescription will be sent to Grove Health Dispensary where they will source & dispense all products (including nutraceuticals) on your prescription & post it to you (pick up is also available).

Contact:

Grove Health Dispensary Pymble

Phone: (02) 9491 8009 – leave a message if no one answers

Email: dispensary.pymble@partneredhealth.com.au

Nutraceuticals Only

Telehealth Patients: If your prescription contains only Nutraceuticals, you will receive an email script from [Vital.ly](https://vital.ly) with a link to purchase the products you need. They will then dispense & post all purchased products to you.

In Person Patients: If your prescription contains only Nutraceuticals, your prescription will be sent to our other third-party dispensary at Synergy Compounding Pharmacy where they will source & dispense all purchased products to you. Pick up in Crows Nest, NSW.

To confirm order/make payment please contact:

Mike at Synergy Compounding Pharmacy

Phone: (02) 9061 3944

Email: info@synergycp.com.au

PRACTITIONER SIGNATURE

Amy Phillips

BHSc (Nat)

NHAA #157158

Signature: _____



Date: 15/11/23