



## Care plan – New patients

Name: Wayne Tickner

### What are your goals for this treatment?

- Reduce pain and inflammation
- Stop the body attacking itself – autoimmune remission
- Aim for pain free
- Glucose – reduce levels and stabilise
- Sleep
- Come off some of the medication
- Stop muscle wastage

### Causative factors – how did you get here?

- Covid vaccine
- Autoimmune triggered reason unknown
- Long term stress
- Nutritional def- possible
- Genetic
- Drug interaction possible
- Work injury / past trauma

### Any more test or assessments recommended?

None at this stage

### Treatment plan:

magduo – 1 scoop daily in water

Pfizer detox – once a day

Lipoic acid – 1 a day

North Lakes Homeopathy – Sarah Kottmann  
4/12 Discovery Drive, North Lakes. Ph: 0412190114  
Email : sarah@northlakeshomeopathy.com.au

Caust 200c – once a day for 8 days

Benfortiamine- 1 scoop daily

Sacro – daily – sent script.

- Keep away from mobile phone
- Keep away from direct sunlight and heat, don't put it in fridge.
- Take at least 15 min away from food either side.
- Succuss before each dose (bang base of bottle on palm)

How often should we follow up? \*

Fortnightly online and the possible some more cranial work within the next few month

\*Homeopathy/ CranialSacral treatment require observation and guidance to have a positive effect, the body like to go into its happy place so regular treatment at the beginning to help the body get back into balance more quickly without relapse.