

Prescription schedule for: *Chris Turvey* Round: *1* Date: *22/5/25*
Treatment focus now: *LS-SI Disc bulge* ☒ *pain & spasms*
Next: Future: weeks:

Packet	Remedy	Potency	Dial up	Dosage	Treatment
(1)	S+T STONE RUTA	10M 10MM	M 135567 2888	1/wk 4 wks	to release shock & trauma of old disc bulge + +
(2)	LACH HUNT HOLLY SEASALT	10M	68608 58085 16945898	3/wk	repair mother wound + band
	SYCAMORE SANDALW. TANSLEY PAIN SPASM MUXLE	200C 1M	851599 8951189 33884 71001950	301104	Twist + spasms + L pain - severe
(3)	SEP. SIL PHOS LAC-C MAG-M KALI-C NUX-V Injury C	200X 200C LM1	8725 9254 3791 1314 2868 6155 6222 M	TDS	Burning, aching dull throbbing pain in L Back.
Back pain support	Sandalwood Tansley Pain SEP SIL PHOS RHUS-T MAG-M KALI-C NUX-V	10M 200X 10M	8951189 33884 8725 9254 3791 7683 2868 6155 6222	up to 3 p/H 1/R	